**4.1 INFORMATION MATERIAL**

Bridge is a mind sport with no risk of physical damage, it is fun to play, and it can be played everywhere in the world, at any age.

Bridge helps children and youth to develop their skills in competition and proactive work. It helps to build their confidence, and to handle the successes and failures, and to take decisions and be responsible for the decision, individually as well as in cooperation with others.

Concrete Advantages of Bridge

* Develops strategical thinking, discovery, analysis, conclusions, planning, and acting.
* Develops logical short-term and long-term memory
* Introduces students to practical reasoning abut statistics
* Trains arithmetic
* Develops the ability to concentrate
* Improves the skill of self-control
* Develops the ability to create plans and strategies
* Increases productivity

Advantages of Bridge in School

* Learns to take responsibility for the team
* Develops logical thinking
* Learns to follow ethical rules
* Develops skills in communication and working in groups
* Learns to handle success and failure
* Learns to care for other people, not just yourself

In addition, inform about what the local bridge club is, what is does, and what it wants.